



Reducing food poverty in Central Victoria



**Welcome to the first Annual Report of Bendigo Foodshare Incorporated,
a registered charity and part of the community network of Foodshares
established with the support of Foodbank Victoria.**

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About us



Bendigo Foodshare is a Not for Profit organisation, governed by a local Board and staffed by volunteers. We source and donate food to relief agencies and schools across Central Victoria.

How is the food distributed?

In June 2013 Bendigo Foodshare was supplying food to 15 emergency relief agencies and five schools. By June 2014, we were providing food to 20 relief agencies, 34 schools, and 16 community meals programs.

To meet this need, we have gone from sourcing and distributing 100,000 kilograms, to over one million kilograms of food a year.

We estimate that we are now providing enough food for about 14,000 people per month.

Where does the food come from?

Over 15 producers and retailers currently donate food to Bendigo Foodshare.

How Is The Food Used?

Schools in our program provide breakfast and lunches to children who would otherwise go hungry. Some of these schools also teach parents and children to cook and serve their meals.

The community meals groups cook and serve hot meals at no cost for those doing it tough. In several of these programs, the participants learn food skills through participation in the preparation and service of the meals.

The emergency relief agencies provide short term food relief for individuals and families experiencing extreme hardship.

Did you know that 1 in 9 people in Central Victoria experience shortages of food?

If Bendigo Foodshare did not exist, many of these programs would have to raise funds or not provided it all.

The year in brief



July 2013

Board of Bendigo Foodshare formed
 Organisational Review
 Operational structure agreed
 Strategic planning commenced
 More food donations sought

November 2013

Strategic Plan completed



May 2014 Transport Support Commenced

J&A Light Freight
 Powers Country Express
 Hazeldenes
 Pickering Transport
 Cool Waves Transport



June 2014

1,000,000 kgs of food collected

October 2013

Operations Manager appointed



April 2014

Corporate volunteers started working
 Community Foundation for Central Victoria grants received \$12,000

June 2014

Bank of Melbourne \$40,000 Grant received



Food rescued:

- 1.05 million kilograms

Societal impact:

- 1.76 million meals for those in need

Environmental impact*:

- 6,332 tons CO2 saved
- 78,000 kilolitres water saved

The food

We aimed to reduce food poverty in Central Victoria, to increase the percentage of fresh fruit and vegetables and to increase our local sourcing of food. Thanks to our wonderful local and state wide donors, we were able to achieve these goals.

**We rescued 1,050,000 kgs of food,
worth over \$7.9 million.**

This is a massive increase of over 10 fold from the 97,000 kg of food moved in 2011-12, and more than double that moved in 2012-13.

**We were able to source 63% of the food
locally compared to 28% in 2012-13**



**We increased the amount of fresh fruit
and vegetables we supply from 4% to 29%**

Who used the food?



SVDP-St. Arnaud Epsom Primary School Annie North Inc. **SVDP-Bendigo** Bendigo Senior Secondary College Bendigo Neighbourhood House **SVDP-Castlemaine** *Eaglehawk North Primary School* Doxa School Bendigo SVDP-Kangaroo Flat St. Monica's Primary School Eaglehawk Christian Life Centre Goodstart Early Learning-Kangaroo Flat **Echuca Community Church** Uniting Care-Bendigo Goodstart Early Learning-Golden Square **Eaglehawk Community House** *Uniting Care-Kangaroo Flat* *Strathfieldsaye Primary School* Girgarre Community Group Camp Hill Primary School Goldfields Employment and Learning Centre Specimen Hill Primary School Salvation Army-Castlemaine **Bendigo Primary School** Loaves and Fishes Weeroona College Bendigo **Long Gully Neighbourhood House** *Eaglehawk Anglican Parish Saltworks* *California Gully Primary School* Maryborough Community House Eaglehawk Secondary College St Lukes Youth Service History Makers Church **Bendigo Regional YMCA** Lightning Reef Primary School St Lukes Educational Services Unit **Tarnagulla Primary School** *St Lukes Connect Central* *Kingdom Generation* Goodstart Early Learning-Bendigo Salvation Army-Bendigo The Goulburn Valley Community Foundation Connect Transformations **Campbells Creek Primary School** White Hills Primary School Njernda Aboriginal Corporation **St. Peter's Primary School** *Heathcote Primary School* *Echuca Community Church* Havilah Road Pre School Winters Flat Primary School Kyneton Caring Community GoodStart Early Learning-Strathfieldsaye **Guilford Primary School** Wedderburn Community House Bendigo South East College **Kalianna School Bendigo** *Avoca-Beaufort Food Pantry* *Castlemaine Secondary College* Lockwood Primary School Inglewood Community Resource Centre Lockwood South Primary School **Maldon Primary School** Loddon Mallee Multicultural Services Kennington Primary School **Kyneton Secondary College** *Bendigo Family and Financial Services* *Bendigo and District Aboriginal Corporation (BDAC)* Mother Goose

How is the food distributed?

Working with charity and not for profit agencies to eradicate food poverty gives Bendigo Foodshare an insight into how some people in the community are struggling to make ends meet.

Sometimes this work can be sobering, however there are some wonderful good news stories that are shared with us that lift the spirits of staff and volunteers, and remind us why this work is so important.

The following is a snapshot of the some of the great ways that Bendigo Foodshare made a difference this financial year

Saltworks

“This week I had the privilege of serving a young man at Saltworks Pantry. I think Joe is about 15 years of age, his manners were perfect as he asked for some assistance. He told me his mum had left, she has been gone for a month and he was unsure when she would return. He has been supporting his younger sister. I could feel tears welling in my eyes but I was also so proud of him, quietly going about what he knew was best. After he took the groceries to the car he had come in, he took the time to come back just to shake my hand and say thank you again.”



Bendigo and District Aboriginal Corporation (BDAC)

“We distribute around 20 hampers a week made up of Bendigo Foodshare items. These hampers go to families that need essential items and may not be able to wait until pay day. Foodshare also allows us to provide simple hygiene items such as soap and toothpaste to people who attend the clinic. Many people take these items for granted, but when you live without them, they are greatly missed.

Because of Foodshare’s contributions, BDAC were able to hold a kids’ Christmas party in 2013. This event was attended by 400 people in the local Aboriginal community. All of the food, door prizes and hampers were provided with goods donated by Bendigo Foodshare. Not only did it mean that children and families took something special home for Christmas, it also provided an event where culture could be celebrated.”

How is the food distributed?

Uniting Care Bendigo

Bendigo Foodshare provides “staples” - fresh fruit, vegetables and milk to Uniting Care. Uniting Care distributes this food to local primary schools. The Uniting Care staff member shares their story below.

“Delivering the fruit to schools is going extremely well, and the staff and teachers are always delighted to receive it. Last week I was able to give at least 300 children that had no fruit at least one piece each. The students tucked into the healthy food straight away.”

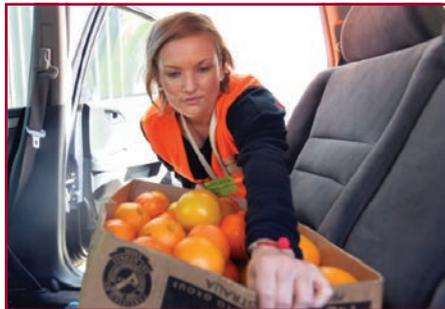
Mother Goose

Mother Goose aims to develop quality parent-child relationships with their young children.

Thanks to Bendigo Foodshare, Mother Goose is able to offer snacks that are not always affordable for participants to purchase or that they are often familiar with. Organisers believe that this is a great draw card for participants, and promoting and discussing healthy choices in the daily diet is a huge plus for families.

It had been noted that during a period when Bendigo Foodshare was not providing this service, there was a significantly decreased attendance.

Snacks vary from week to week. Sometimes there are items that participants are able to take home with them, varying from excess perishables to toothpaste and baby food or disposable nappies



St Luke’s Educational Services Unit

ESU Bendigo, works with around 48 young people aged between 12 and 18, who are not attending mainstream education due to various personal reasons.

ESU began to deliver a Food Technology subject that incorporates; a cooking program that involves students choosing meals shopping, reading and following recipes, measuring, cooking, healthy eating tips, and cleaning up after themselves. The cooking program provides modelling that many may never have had before, including general health and a chance to obtain their ‘Food Handler’s Certificate. It also gives students basic life skills and teaches them about affordable and healthy eating.

The program started running twice a week, with staff having to fundraise to enable the purchase of supplies. Since starting food collection from Bendigo Foodshare around 12 months ago, ESU is now able to run the program around 10 times a week, giving more students a regular opportunity to experience food preparation and cooking.

How do we care for our environment?

By rescuing and redistributing food that would otherwise go down the drain or to landfill, Bendigo Foodshare reduces waste and the impact that waste would have on our environment. Based on the model used by Second Bite (2012) *Food Rescue A Fresh Approach. Report 2: The environmental impact of fresh rescued food*, we estimate that in 2013-14 we:



**Prevent the release of
6,332 tons CO² in landfill.**



**Stopped the waste of the 78,000
kilolitres of water that was used
in the production of food.**

How does our community support us?

Many companies supported us by donating food or donating their support in the warehouse or in logistics. Without the support of our community, Bendigo Foodshare could not continue to provide its service. Our thanks to you all.

B.U.C.O McCain's Ballarat Bank of Melbourne **Y Service Club of Bendigo** Moira FoodShare Bendigo Advertiser **Moira Mac's**
Bendigo Copy Centre National Australia Bank Bendigo Forklifts Cadell Trading Parmalat Peppergreen Farm **Central**
Victorian Community Foundation Peter Gladman PFD **City of Greater Bendigo** *Pickering Transport* Coles Rotary Club of Bendigo
Coolwaves S.C. Refrigeration FareShare **Safeway** Feed of Fish Shepparton FoodShare **Spudman** *Foodbank Vic* SPC
GMHBA Vic Gourmet Greens Hazeldenes Greg's Fruit & Vegetables **Stringers Dairy** The Good Loaf Viatek **SVDP St.**
Arnaud J&A Light Freight K R Castlemaine Lions Club Wodonga FoodShare True Foods Maryborough Woolworths

In 2013-14, we were lucky to have the support of many community leaders who have become Ambassadors for Bendigo Foodshare. These wonderful people are dedicated to helping Bendigo Foodshare provide a high quality, sustainable service.

Rod Case, Editor Bendigo Advertiser

Pauline Gordon, Director, City of Greater Bendigo

Dale Pearce, Principal BSSC

Neil Edward, Manager NAB Northern Region

Luke Barry, Parmalat

Councillor Rod Fyffe, City of Greater Bendigo

Scott Hosking, WIN TV

Wendy Learmount, Manager Bank of Melbourne

Sonia Anthony, Masons of Bendigo

Kim Sykes, Bendigo Community Health Services

Peter Bull, Viatek



Our volunteers

Bendigo Foodshare would not exist without its amazing team of volunteers.

Volunteers work in the warehouse, in the office, on the website and in the delivery truck.

Bendigo Foodshare has approximately 18 volunteers.

They selflessly give of their time, anything from several days a month to five days a week.

It's a diverse group of people, from retired road plant workers through to bank managers and engineers, they offer their services for a range of reasons, the most common is to help those in our community who do not have enough food.



Treasurer's report

Financial Summary for Year Ended 30 June 2014

Bendigo Foodshare ended the year with a loss of \$51,485 due to \$52,000 income for the year being received in advance in 2012-13. As a result, the balance sheet showed final equity of \$1,141.

Income

Income for the financial year was \$16,695, which was \$70,300 less than budgeted due to a lack of anticipated revenue from donations. The income received was mainly derived from registration fees from Bendigo Uniting Care and the Salvation Army.

Expenses

Expenses for the financial year were \$68,180, which was about \$2,700 less than budgeted. Major expenses included shed rental, payroll and power.

Bank Funds and Cash

Bendigo Foodshare ended the year with \$48,906 in the bank.

The Future

It is vital that Bendigo Foodshare develop a strong fundraising capability in 2014-15. Having operated for a full year, we now know that it will cost around \$100,000 per year to run the service.

Early signs are promising with \$52,000 in grants being received in advance, which will be spent in 2014-15. Of this, the \$12,000 grant received from the Bendigo and Central Victoria Community Foundation will assist with the major fundraising campaign to be launched in the latter half of 2014, and the \$40,000 received from the Bank of Melbourne will be used to purchase a secondhand refrigerated three pallet van to enable us to pick up and deliver more food around the region.

Financially, 2014-15 will be a difficult year for Bendigo Foodshare. The Board's focus on raising \$100,000 through donations and workplace giving is vital for the service to continue.

Many thanks for the support of the Board and our volunteers over the year.

Dean Murphy,
Treasurer,
Bendigo Foodshare Inc.

Bendigo Foodshare Inc Profit and Loss July 2013 - June 2014

	Total
Income	
Delivery Fees	100.00
Handling Fees	200.00
Operating grants	1,550.00
Registration Fees	8,450.00
Revenue - General	6,270.00
Transport Fees	125.00
Total Income	A\$16,695.00
Gross Profit	A\$16,695.00
Expenses	
Advertising	653.94
Bank charges	4.40
Consultants	750.00
Dues and subscriptions	85.00
Fuel	3,248.92
Insurance - General	540.00
Insurance - Liability	770.00
Insurance - Workcover	471.27
Office expenses	200.00
Petty cash	731.18
Power	12,303.68
Rent or lease payments	19,894.31
Repairs and Maintenance	2,984.10
Rubbish Removal	423.50
Stationery and printing	783.20
Superannuation	1,832.61
Supplies	60.00
Telephone expense	2,494.71
Uncategorised Expense	0.00
Wage expenses	19,317.12
Water Rates	382.26
Website Development	250.00
Total Expenses	A\$68,180.20
Net Earnings	A\$ -51,485.20

Bendigo Foodshare Inc Balance Sheet As of June 30, 2014

	Total
Assets	
Current Assets	
Accounts receivable	
Accounts Receivable (A/R)	5,425.00
Total Accounts receivable	A\$5,425.00
Bendigo Bank Account	48,906.30
Total Current Assets	A\$54,331.30
Total Assets	A\$54,331.30
Liabilities and shareholder's equity	
Current liabilities:	
PAYG Withholdings Payable	546.00
Payroll Clearing	0.00
Revenue Received in Advance	52,000.00
Superannuation Payable	643.92
Total current liabilities	A\$53,189.92
Shareholders' equity:	
Net Income	-51,485.20
Opening Balance Equity	52,626.58
Retained Earnings	
Total shareholders' equity	A\$1,141.38
Total liabilities and equity	A\$54,331.30

Chair and Operations Manager reports



From Cathie Steele, Chair of the Board

Bendigo Foodshare started as an independent entity on 1 July 2013. The organisation has an independent board of management made up of a diverse group of people who all have a passion and understanding of food security.

I was invited to join the Board in March 2014 and was given the honour of taking the Chair position when Anna Howard stepped down to have more time with her new baby. My thanks go to all the Board members for their support and hard work over the year.

Ray Butler, our Operations Manager started in October 2013 and has quickly shown that he can manage and further develop the service with the able help of Fay, Gordon and their teams of volunteers.

The Bendigo Foodshare Board focused their efforts in this, their first year, on developing the sustainability of the operations, whilst increasing the focus on locally sourced food and the provision of fresh fruit and vegetables. As you will see in this first Annual Report, the team have certainly achieved these goals and more.

Over the year, Bendigo Foodshare expanded the organisations it services by providing food for both 34 school meals and 16 community meals programs in addition to that provided to emergency relief agencies.

2014-5 brings our focus onto fundraising to achieve the \$100,000 we need to operate Bendigo Foodshare each year. I look forward to the challenges and rewards of supporting such a wonderful service to our community.

From Ray Butler, Operations Manager

Well what a first year. As my background is in public welfare and mental health, it has been a very steep learning curve, kilograms of food, boxes, pallets, diagnosing problems with our aging forklift, learning about “cold chain” best before, use by has been an eye opener.

Working with our team of volunteers has been wonderful. Listening to their issues, ideas, suggestions, keeping them informed about the big picture things and offering them opportunities to further their skills and interests has been very rewarding.

Bendigo Foodshare is an amazing place to work.

In 2012-2013 Bendigo Foodshare moved 97,000 kg of food into the community. In 2013-14 this grew to more than 1,000,000 kg of food.

Our Donor Manager – Fay, has sourced about 75 % of this food in country victoria. Fay is a volunteer; her skills in finding and convincing businesses to help are first class, Thanks Fay for your devotion, belief and drive.

We have a happy band of 12 volunteers who donate their time every day. The volunteers do countless jobs, including but not limited to to pack, stack, count, move, argue about, list, put on computer, transport, pick up, drop off and clean the shed. Our youngest is 26, our oldest is 73.

The shed team are ably lead by Gordon, who organises the daily van driving schedule, as well as organising what goes where and when. Thank you Gordon.

All of our volunteers are passionate about the food going out to help feed children living in hardship in our community.

Our Board



From left: Anna Howard, Dean Shirley, Sharon Crimmins, Cathie Steele, Jennifer Alden, Peter Goffin. Absent: Dean Murphy

Cathie Steele BSc, BScApp(Physio), MSc, MBus (Chair)

Cathie has over 30 years experience in the health sector, in clinical service and management. She has been a Clinical Associate Professor with both Melbourne and Monash Universities and has served on a variety of Boards in the health and research sectors. Cathie also led the successful establishment of the Australian Centre for Health Innovation at Alfred Health in Melbourne.

Dr. Dean Shirley Dip. Ed. B.A.(Hons), M. Litt., M.A.(Hons), Ph.D.

Dean worked for the Department of Education and Early Childhood Development for 40 years as a teacher, principal of schools and Assistant Regional Director. He is a member of the Board of UnitingCare Bendigo where he acted as Manager for part of 2013-2014. Dean holds a PhD in the Sociology of Organisations.

Anna Howard BA/LLB

Anna Howard is a lawyer with experience spanning across the areas of commercial, native title and community law. She has been the Principal Lawyer at the Loddon Campaspe Community Legal Centre since 2012. She has a personal interest in food justice and alleviating entrenched poverty through education and participation.

Dean Murphy BBus CPA

Dean is an Accountant who has worked in the Public Accounting field for the past 20 years. He runs a small Accounting firm in Bendigo and is passionate about giving back to the community that he has lived in his entire life.

Sharon Crimmins MSW

Sharon is a Mental Health Clinician with a Master's in Social Work. She has worked 12 years in the welfare sector with experience in disability, children in care, independent third person's program, mental health and Emergency Relief. Sharon is currently working with The Salvation Army Community Services in Bendigo managing 6 programs across three sites. She has significant volunteer and Board experience in the welfare sector.

Peter Goffin LLB BCom

Peter is an experienced in house legal counsel and company secretary working with Bendigo and Adelaide Bank. He is also a volunteer solicitor with Loddon Campaspe Community Legal Centre. Peter has significant experience in the not for profit sector and is Chair of the Board of UnitingCare Bendigo.

Dr Jennifer Alden Dr Public Health, M. Women's Health, B.Sc (Hons)

Dr Jennifer Alden is a Health Broker with three decades experience working to improve community health and wellbeing. She has a special interest in food policy and is a member of the Public Health Association of Australia, the Australian Food Sovereignty Alliance and the Australian Food Hubs Network. She is author of the book *Liberated Eating*, and most recently CEO of urban agriculture not for profit, *Cultivating Community*.

Supporting Bendigo Foodshare



Connect with us

www.bendigofoodshare.org.au

<https://www.facebook.com/bendigofoodshare>

<https://twitter.com/bgofoodshare>

<http://vimeo.com/user31947232>

You can support us by donating at:

Online: www.bendigofoodshare.org.au

By cheque: Please make all cheques or money orders payable to Bendigo Foodshare and post it to us at: Bendigo Foodshare Shed 2, 43A Havilah Rd, Long Gully, Victoria, Australia 3550

Please ensure your donation is accompanied by your name, address and email so that we can provide you with a Tax Receipt.

Or by phone: 5444 3409
9 am-1 pm Mon-Thur

“STOP food poverty in central victoria”

TOGETHER we can make sure children and families have enough food for an active, HEALTHY life.

FACT #1
1 in 9 people in Central Victoria don't know where their next meal is coming from.

FACT #2
Australia produces enough food to feed 60 million people. Yet we throw out 4 million tons of food a year.

WE CAN'T LET THIS HAPPEN IN OUR COMMUNITY

foodshare COLLECTS FOOD THAT WOULD OTHERWISE GO TO WASTE

school MEALS
\$40 = meals for 30 children a month

community MEALS
\$5 = food for 80 meals

emergency RELIEF
\$25 = food for a family of four FOR A MONTH

donate now

www.bendigofoodshare.org.au
#everydaycentralvic

foodshare everyday central vic

SVDP-St. Arnaud Epsom Primary School Annie North Inc. **SVDP-Bendigo** Bendigo Senior Secondary College
 Bendigo Neighbourhood House **SVDP-Castlemaine** *Eaglehawk North Primary School* *Doxa School Bendigo* SVDP-
 Kangaroo Flat St. Monica's Primary School Eaglehawk Christian Life Centre Goodstart Early Learning-Kangaroo
 Flat **Echuca Community Church** Uniting Care-Bendigo Goodstart Early Learning-Golden Square **Eaglehawk Community House**
Uniting Care Kangaroo Flat *Strathfieldsaye Primary School* Girgarre Community Group Camp Hill Primary School
 Goldfields Employment and Learning Centre Specimen Hill Primary School Salvation Army-Castlemaine **Bendigo**
Primary School Loaves and Fishes Weeroona College Bendigo **Long Gully Neighbourhood House** *Eaglehawk Anglican Parish*
Saltworks *California Gully Primary School* Maryborough Community House Eaglehawk Secondary College St Lukes
 Youth Service History Makers Church **Bendigo Regional YMCA** Lightning Reef Primary School St Lukes Educational
 Services Unit **Tarnagulla Primary School** *St Lukes Connect Central* Kingdom Generation Goodstart Early Learning-
 Bendigo Salvation Army-Bendigo The Goulburn Valley Community Foundation Connect Transformations **Campbells**
Creek Primary School White Hills Primary School Njernda Aboriginal Corporation **St. Peter's Primary School** *Heathcote*
Primary School *Echuca Community Church* Havilah Road Pre School Winters Flat Primary School Kyneton Caring
 Community GoodStart Early Learning-Strathfieldsaye **Guilford Primary School** Wedderburn Community House
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