



BENDIGO FOODSHARE ANNUAL REPORT 2016 - 2017

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About us



Bendigo Foodshare is a Not for Profit organisation, governed by a local Board and staffed by volunteers. We source and donate food to relief agencies and schools across Central Victoria.

How is the food distributed?

In June 2013 Bendigo Foodshare was supplying food to 15 emergency relief agencies and five schools. By June 2014, this had expanded to 20 relief agencies, 34 schools, and 16 community meals programs. In 2016-17 we provided food to 103 organisations which includes 49 schools.

To meet this need, we have gone from sourcing and distributing 100,000 kilograms, to over 585,500 kilograms of food a year.

We estimate that we are now providing enough food for about 14,000 people per month.

Where does the food come from?

Over 40 producers and retailers locally currently donate food to Bendigo Foodshare

How Is The Food Used?

Schools in our program provide breakfast and lunches to children who would otherwise go hungry. Some of these schools also teach parents and children to cook and serve their meals.

The community meals groups cook and serve hot meals at no cost for those doing it tough. In several of these programs, the participants learn food skills through participation in the preparation and service of the meals.

The emergency relief agencies provide short term food relief for individuals and families experiencing extreme hardship.



If Bendigo Foodshare did not exist, many of these programs would have to raise funds or not provide food at all.

Chair's Report



The challenge of food insecurity in our region continues to grow and over the past year, the team at Bendigo Foodshare have worked hard to lay strong foundations to ensure we provide an efficient and effective food rescue and distribution service for those in need in Central Victoria.

Highlights include improved processes, rostering and OHS procedures. We have taken on more community placements to help our volunteers in the warehouse. The addition of a new refrigerated storage containers and temperature monitoring system now help us to keep fresh fruit and vegetables for the whole week, even on those hot summer days, thanks to a grant from the Bank of Melbourne and donations from the Y Service Club of Bendigo.

2018 is going to bring us more challenges. The first of which is to not only to cover our bills, but to also secure funding to replace our ageing refrigerated van so that we can continue to pick up and deliver food across Central Victoria. The second key challenge is to keep increasing our local food rescue program, so that we

can ensure a more consistent and diverse supply of food to the many schools and agencies that distribute it to those in need. If you know of any business with food that is fit for human consumption, but is going to waste, please put them in touch with Annie or Steve at the shed on 5444 3409.

I'd like to personally thank all of the volunteers, the board, the businesses and the community supporters of Bendigo Foodshare. You are making a difference in the lives of others and you help make Bendigo a great place to live.

Cathie Steele
Chair Bendigo Foodshare



The year in brief

November 2016

Purchase of refrigerated container to assist with freshness of perishable products



May 2017

Temperature monitoring system for coolroom and freezer. To ensure they remain at consistent temperatures and to warn if a door is left open.



December 2016

Installation of 3 air extraction units on our warehouse roof. This helps to reduce heat in the warehouse which in turn helps to keep our perishable produce fresher for longer



June 2017 - 585,500 kgs of food



Food rescued:

- 585,500 kilograms

Societal impact:

- 1.17 million meals for those in need

Environmental impact:

- 3,513 tons CO2 saved



The food

We aimed to reduce food poverty across Central Victoria, increase the percentage of fresh fruit and vegetables sourced and to find new local sources of food. Thanks to our wonderful local and state wide donors, we were able to achieve these goals.



In 2016-17 we rescued 585,500 kgs of food, worth over \$4.3 million.
Our fresh fruit and vegetables supply averages 34%
We were able to source 46% of the food locally

Who used the food?

The food was distributed to an estimated **14,000 people per month** through **103 schools and welfare agencies**. These include:

- Anglican Parish of North Bendigo
- Bendigo Baptist Community Care Inc - Life Essentials
- Bendigo District Aboriginal Co-Operative
- Bendigo South East College
- Camp Hill Primary School
- Connect Transformations Bendigo
- Eaglehawk Secondary College
- Epsom Primary School
- Goodstart Early Learning, Golden Square
- Helm Street Preschool
- Kennington Primary School
- Long Gully Neighbourhood Centre Inc
- Njernda Aboriginal Corporation
- Pyrenees Community Food Pantry - Beaufort
- St Francis of the Fields Primary School
- St Peter's Primary School
- Strathfieldsaye Primary School
- The Salvation Army - Castlemaine
- Victorian Blue Light Youth Camp
- Winters Flat Primary School
- Matchworks - Bendigo
- Atisha Centre
- Bendigo Community Health Services
- Bendigo Family & Financial Services Inc.
- Bendigo TAFE - BTEC
- Campbells Creek Primary School
- Donald Friends & Neighbours Society Inc
- East Loddon P12 College
- Girgarre Community Group Inc
- Goodstart Early Learning - Strathfieldsaye
- Holy Rosary Primary School Heathcote
- Kingdom Generation Ministries Ltd
- Macedon Ranges Satellite VCAL
- Njernda Aboriginal Corporation - Pastoral Care
- Radius Disability Services
- St Lukes Anglicare - ESU
- St Vincent De Paul - Bendigo Assistance Centre
- Tarnagulla Primary School
- The Salvation Army - Eaglehawk
- Victory Church
- Wedderburn Community House
- Kangaroo Flat Primary School
- Australia Help Pty Ltd
- Access Australia Group
- Bendigo Primary School
- Boort District Health
- Castlemaine Church of Christ
- Doxa School Bendigo
- Echuca Community Church Relief Centre
- Golden Square Primary School
- Guildford Primary School
- Inglewood Community
- Neighbourhood House
- Kyneton Caring Community Inc
- Maldon Neighbourhood House
- Pyramid Hill College
- Rushworth P-12 College
- St Lukes Anglicare - Mother Goose
- St Vincent De Paul - Castlemaine
- Daylesford & Community Breakfast Club & Food Assistance Programme
- The Salvation Army - Maryborough
- Wedderburn P-12 College
- St Liborius Primary School
- Eaglehawk Uniting Church
- Australian Community Support Organisation
- Bendigo FLO - 2nd Campus of Weeroona College Bendigo
- Bendigo Regional Young Mens Christian Assoc - Lightning Reef Early Learning Centre
- Boort District School
- Charlton Lions Club
- Eaglehawk Community House Inc
- Embrace Church Tongala
- Goldfields Wesleyan Methodist Church
- Havilah Road Pre-School
- Kalianna School
- Lightning Reef Primary School
- Maryborough & District Baptist Church - Loaves & Fishes Community Meals
- Pyramid Hill Lions Club
- Saltworks
- St Lukes Anglicare - YSHS
- St Vincent De Paul - Kangaroo Flat
- The Salvation Army - Bendigo
- Uniting Care - Bendigo
- Weeroona College Bendigo
- St Matthews Church Long Gully
- Axedale Primary School
- Bendigo Assembly of God - Connect Church Bendigo
- Bendigo Senior Secondary College
- California Gully Primary School
- Chewton Primary School
- Eaglehawk Primary School
- Eppalock Primary School
- Goodstart Early Learning - Bendigo
- Heathcote Primary School
- Kangaroo Flat Preschool
- Loddon Campaspe Multicultural Services
- Maryborough Education Centre
- Pyrenees Community Food Pantry - Avoca
- Specimen Hill Primary School
- St Monica's Primary School
- St Vincent De Paul - St Arnaud
- The Salvation Army - Bendigo Bridge Program
- Uniting Care - Kangaroo Flat
- White Hills Primary School
- Marist College Bendigo

How does our community support us?

The food we collect is distributed through over 100 agencies and schools. Below are some of the stories they have sent us about how they distribute the food:

Violet Street Primary School

“Foodshare for Violet Street plays a very important role in helping our school community. Each week we have a small team of volunteers, who pack small hampers of food on a Friday. We call it fresh food Friday, and it provides an opportunity for families who may be struggling, to top up their pantry.

We also utilize the fresh produce, when available, in our Cooking Programme. The children involved in the programme spend time in our garden, growing fruits and vegetables which they then cook, Foodshare helps us by topping up any shortages we may have in the garden.

This is what Foodshare means for Violet Street.”

Anglicare – Mother Goose Program

“All participants appreciate immensely the surprising and interesting variety of food and further networks your Foodshare help brings to our program.

If only discussing “how do you prepare this to eat” or “what else can you do with....” At our sessions, we are eating, sharing and networking ideas re the produce available, also introducing some foods many participants would never have experienced otherwise. Today we spoke about button squash, with much interest and awareness generated.”

“We are lucky to be able to cook at our PCMG venues if opportunity arises, and often a few mums will get together at one of the other homes after a session, to cook or just share lunch together, with the help of your program to ours we are able to experience a wealth of learnings and much appreciated food staples for participants both young and old to enjoy as home as well as skill sharing in a true community spirit. Thank you!”

Castlemaine Church of Christ

“Because of the amazing work of Foodshare we are able to provide a nutritious breakfast for 100 plus students on a weekly basis. We love bringing them breakfast but also enjoy the interaction and the positive atmosphere in the hall. We endeavor to set the tone for a great day for the students and staff alike. We would struggle to provide this service without Foodshare. We also use some of the produce we receive to provide some part of a Monday to Thursday breakfast for students who leave home without breakfast and often with no lunch. They are able to make their own lunch after they have had breakfast. The Foodshare produce dovetails nicely with donations from some businesses in Castlemaine. We really appreciate both the food and the staff at Bendigo Foodshare, you do a wonderful job.”



Goodstart Strathfieldsaye

“We have been supporting Foodshare for the past two years. We love picking up the order and chatting with the volunteers in the shed. We use the food in our meals for our childcare centre and place out extra food to our families in the Strathfieldsaye community.”

Helping Hands Mission Inc/Inglewood Community House

“Helping Hands Mission Inc/Inglewood Community House are reliant on the Bendigo Foodshare every week to support many people that are finding it a challenge to put food on the table everyday. We support many towns in the Loddon Shire; Bridgewater, Inglewood, Dunnolly, Raywood to name a few and deliver hampers to those that struggle to access our food bank in Bridgewater.”

“We are constantly receiving feedback of gratitude, this goes a long way with our volunteers and participants who also benefit from the goodwill that the food bank generates, loving the opportunity to assist those in need with dignity, understanding what it is like to be in a similar situation, this also helps break down the stigma and barriers to accessing services such as we are providing.”



Eaglehawk Primary School

“Eaglehawk Primary School values the generous support of Foodshare and its many volunteers. Foodshare supports and ensures many programs are able to continue. These include:

- Daily breakfast program – Foodshare is able to assist this program through fresh fruit and vegetables (apples, mandarins, plums, capsicum, cucumber, celery etc that are cut up and put in the middle of tables for sharing) as well as bread for toast and when available fresh milk and marg
- Daily fresh fruit and veg in classrooms used for brain food
- The Stephanie Alexander kitchen program where students in grades 3-5 cook each week using produce from the school garden as well as food from Foodshare. This program show students how to use fresh fruit and veg to make nutritious healthy meals
- Food care parcels for family of fruit and veg and tinned food when required”

Echuca Community Church Relief Centre

“We appreciate the work and efforts of Bendigo Foodshare in helping us meet some of the needs of some of those who come here for help. We are getting approximately 200-250 per week coming for assistance, so Foodshare do provide a big percentage of our food requirements. Many of those coming for help are referred to us by Centrelink, Welfare Workers, Churches in the area and even the Police bring some along. The need is growing greater as many families are going through difficult times with unemployment, family violence and family breakdown, drugs etc.

Keep up the good work.
Many Thanks”

Wedderburn Community House

“Wedderburn is ranked the eighth lowest income earner in the State,

according to the ABS, with our closest neighbor Korong Vale ranked second. So you can see the real need for Foodbank in our low socio economic are of approximately 1200 people. On average we would see two to three clients per week for food and more for financial assistance. With electricity costs increasing more and more people are facing financial hardship and rely on Foodbank just to get by. It would be interesting to see what the stats are for your organisation compared to this time last year.”

How does our community support us?

East Loddon P-12

“The community of the East Loddon P-12 College is agriculturally dependent; consequently the last few years have been challenging due to drought and low commodity prices. Due to the rural location, most of our students travel to school by bus and with some up to an hour each way every day. This means an early rise with limited time for breakfast ; as a result, the college began providing toast and other donated snacks for hungry students as part of the Breakfast Program. Bendigo Foodshare has provided overwhelming support in the form of goods that ensures that our Breakfast Program is sustainable. This also allows us to direct other scarce funds to areas that cannot be financed in any other way, leading to an overall improvement in the wellbeing of our students.”

Eaglehawk Community House

“There are multiple benefits to our community when they come to access food relief from the Eaglehawk Community House. They have the choice of accessing our programs while building friendships and sourcing other types of community support. For example: We are experiencing an increase in people coming for food who are homeless. We provide them with a laundry service and a bag of toiletries donated by one of the local Church groups.”



Many companies and individuals supported us by donating food or donating their support in the warehouse, in the community or in logistics. Without the support of our community, Bendigo Foodshare could not continue to provide its service. Our thanks to you all.

- Aldi - Eaglehawk, Epsom, Kangaroo Flat, Strathdale
 - Bendigo Forklifts
 - City of Greater Bendigo
 - Flora Hill Bakery
 - Keans Eggs
 - Parmalat
 - SPC
 - Woolworths - Epsom, Golden Square, Kenningston, Lansell Square
 - Apco - Kangaroo Flat, Mclvor Rd
 - Bendigo Magistrates Court
 - Coles - Bendigo, Kangaroo Flat, Mclvor Rd.
 - Foodbank Vic
 - Lions Club of Bendigo
 - Peoples Plus
 - Suez Environment
 - Y Service Club of Bendigo
 - Y Service Club of Bendigo – Women
 - Baillieu Myer
 - Bendigo Toyota
 - Dan Murphys
 - Gold FM
 - Matchworks
 - Peppergreen Farm
 - Tae Han Food Imports
 - Bank of Melbourne
 - Bendigo Weekly
 - Elmore Field Days Catering
 - Hazeldenes Chicken Farm Pty Ltd
 - McCain Foods Pty Ltd
 - Secondbite
 - The Good Loaf Sourdough Bakery & Café
 - Bartercard
 - Calmo Farms
 - ETJ Eggs
 - Huntly-Epsom Lions Club
 - Moira Mac's
 - Shepparton FoodShare
 - Viatek
 - Bendigo Advertiser
 - Central Victorian Technology Services
 - Fareshare
 - J & A Light Freight
 - National Australia Bank
 - Simplot
 - Western District Employment Access
 - AFS & Associates
 - All Seasons Hotel
 - RACV
 - Beck Legal
 - Bendigo Arthritis Club
 - Bendigo Community Health Services
 - Bendigo Cycling Groups
 - Bendigo Dog Obedience Club
 - Bendigo Property Services
 - Cramer Pty Ltd (Home Timber & Hardware)
 - DHS
 - GJ Gardner
 - Heathcote Lions Club
 - IGA stores at Eaglehawk, Heathcote, Kangaroo Flat and Strathfieldsaye
 - Eaglehawk Lions Club
 - Its Her Gym
 - Masons
 - McCaig Airconditioning
 - MGR
 - MLC Advice
 - Mr Grimsbys
 - Power Packed Electronics
 - Rotary Clubs of Bendigo and Bendigo Sandhurst
 - RSD Chartered Accountants
 - Spring Gully Hall
 - Terraco
 - Telstra licensed stores Bendigo
 - The Rising Sun Hotel
 - Tucker Fox online food ordering
 - UFS Strathfieldsaye
 - Verbeeks Plumbing
 - Lakeview Hotel
 - Percy & Percy
 - Goldmines Hotel
 - Marong Hotel
 - Boudoir Hair & Beauty
 - Brewhouse
 - GMHBA
 - Harwood Andrews
 - Woodhouse Restaurant
 - Strath Hill Butchers
 - O'Rourke's Prestige Drycleaning
 - Hashtag
 - Mandurang Post Office
 - National Hotel Complex
 - Foundry Hotel Complex
 - Basement On View
 - Switched
 - Krutop Media Production
 - BE Bendigo
 - Win TV
- and individuals to numerous too list!

Our Volunteers

Bendigo Foodshare would not exist without its amazing team of volunteers. Volunteers work in the warehouse, in the office, on the website and in the delivery truck.

Bendigo Foodshare has approximately 18 volunteers. They selflessly give of their time, anything from several days a month to five days a week.

It's a diverse group of people, from retired road plant workers through to bank managers, engineers and the work for the dole participants. They all offer their services for a range of reasons, the most common being to help those in our community who do not have enough food.



Financial Statements

Financial Summary for the year ending 30th June 2017

Bendigo Foodshare Inc. ended the year with a surplus of \$27,102. The balance sheet shows assets of \$177,285. The Bendigo Foodshare board, through careful management, has been able to maintain a positive cash flow and hold sufficient funding in term deposits and other accounts to allow the organisation to have an operating liquidity of 1.3. This operating liquidity shows that we have sufficient funds on hand to continue to operate for over twelve months.

Income

Income for the year was \$160,912; \$6211 more than the budgeted figure. While this is positive, it is noted that Donations, Sponsorship and Fundraising were lower than budgeted. This was primarily a result of the cancellation of the Golf Day and the reduction in major sponsorships for our Million Meals in March campaign. However, the shortfall of \$20,084 in these areas was more than balanced by strong surplus to budget of \$12,057 in operating grants, \$10,298 in job seeker payments, \$5743 in transport fees and interest on our term deposits.

Expenses

Expenses for the financial year were \$133,809. Consultants and Staff, Grant transfers, motor vehicle costs and warehouse lease expenses are the main areas of expenditure. These areas were carefully managed to ensure that cash flow and surpluses were adequate resulting in expenses being \$1,940 below our budget.

Finance sub-committee

During the year a finance sub-committee was set up by the Board to assist the Treasurer in managing the day to day accounts. The sub-committee consisted of Treasurer Martin Leach, Manager Steven Coles and David McIlroy. Board Chair Cathie Steele was ex-officio and attended a number of the monthly meetings. Late in the year, David McIlroy resigned his voluntary position of bookkeeper due to ill health. Steven Coles and Annie Constable have since been handling the financial data management with the Treasurer and Board Member Dean Murphy managing all banking requirements.

Financial security is paramount and to this end we have a system of management that requires two authorisations for all payments and financial transfers between accounts.

The Future

It is vital for Bendigo Foodshare to manage our fundraising and ensure consistent income across a number of areas. The annual Million Meals fundraising program offers a great opportunity but the need for a strong volunteer base to help is evident.

The Board through our Chair will continue to look at grants to supplement operations and capital expenses, but the reality is that donations (both cash and in-kind) and sponsorships will form the cornerstone of our future success and financial viability.

I would like to thank the Board, the finance sub-committee and particularly the Chair for their assistance with my role as Treasurer.

Martin Leach, Treasurer, Bendigo Foodshare Inc.

Financial Statements



Bendigo Foodshare Inc

PROFIT AND LOSS
July 2016 - June 2017

	TOTAL
INCOME	
Donations Received	
Donations - General	70,975.57
Total Donations Received	70,975.57
Fundraising	
Fundraising - Golf Day	300.00
Total Fundraising	300.00
Interest Income	2,158.72
Job Seeker Payment	10,298.16
Misc Income	2.70
Operating Grants Received	42,057.00
Registration Fees	7,836.68
Reimbursements	640.00
Sponsorship	15,000.00
Transport Fees	11,642.57
Total Income	A\$180,911.40
GROSS PROFIT	A\$180,911.40
EXPENSES	
Admin Assistance	19,872.00
Advertising	209.09
Bank Charges & Collection Charges	394.70
Consultants	2,820.00
Expensed Vehicles & Equipment	835.16
Fuel Vouchers	1,080.00
Fundraising Expenses	552.80
Grant Transfers	12,339.00
Insurance - General	792.36
Insurance - Workcover	626.40
Memberships	150.00
Motor Vehicle Expenses	
Fuel	5,491.31
Vehicle Insurance	1,879.16
Vehicle Registration Fees	242.18
Vehicle Repairs	2,351.82
Total Motor Vehicle Expenses	9,964.47
Pest Control	1,518.87
Power	7,287.19
Rent or lease payments	17,770.92
Repairs and Maintenance	700.00
Rubbish Removal	81.50
Staff Workshops / Training / Conferences	50.00
Supplies	1,449.22
Telephone expense	1,156.68
Wage Expenses - General	36,636.77
Water Rates	1,150.30
Web Site Maintenance	198.05
Website Payment Gateway	220.44
x Equipment Purchases	15,962.99
Total Expenses	A\$183,808.91
OTHER EXPENSES	
BAS Roundoff Gain or Loss	0.00
Total Other Expenses	A\$0.00
NET EARNINGS	A\$27,102.49

Bendigo Foodshare Inc

BALANCE SHEET
As of June 30, 2017

	TOTAL
ASSETS	
Current Assets	
Accounts receivable	
Accounts Receivable (A/R)	3,370.30
Total Accounts receivable	A\$3,370.30
Bank of Melbourne Account 439665471	17,245.57
Bendigo Bank Account - 149715567	1,933.73
NAB 6 Mth Term Deposit - 22 Aug 2017	46,180.86
NAB 6 Mth Term Deposit - 26 Oct 2017	45,967.78
NAB Bank Account 1120	49,829.70
NAB Bank Account 6876	11,987.35
Prepaid expenses	769.33
Total Current Assets	A\$177,284.62
Total Assets	A\$177,284.62
LIABILITIES AND SHAREHOLDER'S EQUITY	
Current liabilities:	
Accounts payable	
Accounts Payable (A/P)	6,986.11
Total Accounts payable	A\$6,986.11
NAB Credit Card - 4255	-230.25
Accrued liabilities	0.00
Accrued Partner Grant	0.00
Accrued Wages	0.00
BAS Liabilities Payable	-2,153.69
BAS Suspense	0.00
PAYG Withholdings Payable	0.00
Payroll Clearing	0.00
Revenue Received in Advance	0.00
Superannuation Payable	0.00
Unknown Deposits	0.00
Total current liabilities	A\$4,602.17
Shareholders' equity:	
Net Income	27,581.01
Opening Balance Equity	1,373.42
Retained Earnings	143,728.02
Total shareholders' equity	A\$172,682.45
Total liabilities and equity	A\$177,284.62

Accruals Basis Friday, 8 September 2017 12:50 PM GMT+10

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Our Board



Cathie Steele BSc, BScApp(Physio), MSc, MBus (Chair)

Cathie has over 30 years experience in the health sector, in clinical service and management. She has been a Clinical Associate Professor with both Melbourne and Monash Universities and has served on a variety of Boards in the health and research sectors. Cathie also led the successful establishment of the Australian Centre for Health Innovation at Alfred Health in Melbourne.



Michael Armstrong (Vice Chair)

Michael joined the Bendigo Foodshare board two years ago following retirement after the sale of his business. His business experience spans 35 years that includes manufacturing, national distribution and logistics.

Michael has lived his entire life in Bendigo, he is proud to be a board member of Bendigo Foodshare and the support and service it gives to the Bendigo and surrounding community.



Sharon Crimmins MSW (Secretary)

Sharon has a post graduate Master's Degree in Social Work and was invited to be on the Bendigo Foodshare steering Committee to assist in setting it up. At that time, Sharon was the Team Leader of Community Services at The Salvation Army in Bendigo and became the Secretary on the Foodshare Board when the Board was created and did this role for 2 years before resigning when I changed jobs. Re-joined the board in

February 2017 when returning to working in Bendigo. Sharon has always been passionate about helping those in need and is very proud to be involved with the Bendigo Foodshare.



Martin Leach (Treasurer)

Martin has been a member of the Bendigo Foodshare Board since March 2016 and has held the Treasurer's position since the 2016 AGM.

Martin is the Managing Director of The Bendigo Cleaning Company, Bendigo's largest commercial cleaning business with over eighty employees servicing in excess of 130 client sites. Martin has previously been the High Performance Manager and National Coach for the sport of

Weightlifting. He has held the position of Treasurer for both the Australian Weightlifting Federation and the Victorian Weightlifting Association. He has also previously been a Board member of: the Building Services Contractors Association of Australia (Vic Branch); the Victorian Contract Cleaning Industry Portable Long Service Leave; and the Australian Weightlifting Federation.

Martin has a strong background in social justice and see Bendigo Foodshare as part of the solution to food poverty in our community.



Steven Coles (Operations Manager)

Steven been in the role of Manager for Bendigo Foodshare for the past two years and has almost 40 year sales and marketing experience working for food manufactures such as Kraft foods, Four'n twenty, Good Fielder Watties and also advertising experience on campaigns including Gillette, SPC, Campbells, CUB and National foods. He also holds a Degree in Marketing and a Diploma of Administration.

Steven is passionate about food and the importance of food sustainability within our community.



Dean Murphy BBus CPA

Dean is an Accountant who has worked in the Public Accounting field for the past 20 years. He runs a small Accounting firm in Bendigo and is passionate about giving back to the community that he has lived in his entire life.



Dr Jennifer Alden Dr Public Health, M. Women's Health, B.Sc (Hons)

Dr Jennifer Alden is a Health Broker with three decades experience working to improve community health and wellbeing. She has a special interest in food policy and is a member of the Public Health Association of Australia, the Australian Food Sovereignty Alliance and the Australian Food Hubs Network. She is author of the book Liberated Eating, and most recently CEO of urban agriculture not for profit, Cultivating Community.



Peter Goffin LLB BCom

Peter is an experienced in house legal counsel and company secretary working with Bendigo and Adelaide Bank. He is also a volunteer solicitor with Loddon Campaspe Community Legal Centre. Peter has significant experience in the not for profit sector and is Chair of the Board of UnitingCare Bendigo.

Supporting Bendigo Foodshare



Connect with us

www.bendigofoodshare.org.au

<https://www.facebook.com/bendigo.foodshare>

<https://twitter.com/bgofoodshare>

<http://vimeo.com/user31947232>

You can support us by donating at:

Online: www.bendigofoodshare.org.au

By cheque: Please make all cheques or money orders payable to Bendigo Foodshare and post it to us at: Bendigo Foodshare, Shed 2, 43A Havilah Rd, Long Gully, Victoria, Australia 3550

Please ensure your donation is accompanied by your name, address and email so that we can provide you with a Tax Receipt.

Or by phone: 5444 3409
9 am-1 pm Mon-Thur

“STOP food poverty in central victoria”

TOGETHER we can make sure children and families have enough food for an active, HEALTHY life.

FACT #1
1 in 9 people in Central Victoria don't know where their next meal is coming from.

FACT #2
Australia produces enough food to feed 60 million people. Yet we throw out 4 million tons of food a year.

WE CAN'T LET THIS HAPPEN IN OUR COMMUNITY

foodshare COLLECTS FOOD THAT WOULD OTHERWISE GO TO WASTE

school MEALS
\$40 = meals for 30 children a month

community MEALS
\$5 = food for 80 meals

emergency RELIEF
\$25 = food for a family of four FOR A MONTH

donate now

www.bendigofoodshare.org.au
#everydaycentralvic

foodshare everyday central vic

Who uses our food?



Anglican Parish of North Bendigo, Bendigo Baptist Community Care Inc-Life Essentials, Bendigo District Aboriginal Co-Operative, Bendigo South East College, Camp Hill Primary School, Connect Transformations Bendigo, Eaglehawk Secondary College, Epsom Primary School, Goodstart Early Learning - Golden Square, Helm Street Preschool, Kennington Primary School, Long Gully Neighbourhood Centre Inc, Njernda Aboriginal Corporation, Pyrenees Community Food Pantry - Beaufort, St Francis of the Fields Primary School, St Peter's Primary School, Strathfieldsaye Primary School, The Salvation Army - Castlemaine, Victorian Blue Light Youth Camp, Winters Flat Primary School, Matchworks - Bendigo, Atisha Centre, Bendigo Community Health Services, Bendigo Family & Financial Services Inc, Bendigo TAFE - BTEC, Campbells Creek Primary School, Donald Friends & Neighbours Society Inc, East Loddon P12 College, Girgarre Community Group Inc, Goodstart Early Learning - Strathfieldsaye, Holy Rosary Primary School Heathcote, Kingdom Generation Ministries Ltd, Macedon Ranges Satellite VCAL, Njernda Aboriginal Corporation - Pastoral Care, Radius Disability Services, St Lukes Anglicare - ESU, St Vincent De Paul - Bendigo Assistance Centre, Tarnagulla Primary School, The Salvation Army - Eaglehawk, Victory Church, Wedderburn Community House, Kangaroo Flat Primary School, Australia Help Pty Ltd, Access Australia Group, Bendigo Primary School, Boort District Health, Castlemaine Church of Christ, Doxa School Bendigo, Echuca Community Church Relief Centre, Golden Square Primary School, Guildford Primary School, Inglewood Community Neighbourhood House, Kyneton Caring Community Inc, Maldon Neighbourhood House, Pyramid Hill College, Rushworth P-12 College, St Lukes Anglicare - Mother Goose, St Vincent De Paul - Castlemaine, Daylesford & Community Breakfast Club & Food Assistance Programme, The Salvation Army - Maryborough, Wedderburn P-12 College, St Liborius Primary School, Eaglehawk Uniting Church, Australian Community Support Organisation, Bendigo FLO - 2nd Campus of Weeroona College Bendigo, Bendigo Regional Young Mens Christian Assoc - Lightning Reef Early Learning Centre, Boort District School, Charlton Lions Club, Eaglehawk Community House Inc, Embrace Church Tongala, Goldfields Wesleyan Methodist Church, Havilah Road Pre-School, Kalianna School, Lightning Reef Primary School, Maryborough & District Baptist Church - Loaves & Fishes Community Meals, Pyramid Hill Lions Club, Saltworks, St Lukes Anglicare - YSHS, St Vincent De Paul - Kangaroo Flat, The Salvation Army - Bendigo, Uniting Care - Bendigo, Weeroona College Bendigo, St Matthews Church Long Gully, Axedale Primary School, Bendigo Assembly of God - Connect Church Bendigo, Bendigo Senior Secondary College, California Gully Primary School, Chewton Primary School, Eaglehawk Primary School, Eppalock Primary School, Goodstart Early Learning - Bendigo, Heathcote Primary School, Kangaroo Flat Preschool, Loddon Campaspe Multicultural Services, Maryborough Education Centre, Pyrenees Community Food Pantry - Avoca, Specimen Hill Primary School, St Monica's Primary School, St Vincent De Paul - St Arnaud, The Salvation Army - Bendigo Bridge Program, Uniting Care - Kangaroo Flat, White Hills Primary School, Marist College Bendigo, Aldi - Eaglehawk, Epsom, Kangaroo Flat, Strathdale, Bendigo Forklifts, City of Greater Bendigo, Flora Hill Bakery, Keans Eggs, Parmalat, SPC, Woolworths - Epsom, Golden Square, Kennington, Lansell Square, Apco - Kangaroo Flat, Mclvor Rd, Bendigo Magistrates Court, Coles - Bendigo, Kangaroo Flat, Mclvor Rd, Foodbank Vic, Lions Club of Bendigo, Peoples Plus, Suez Environment, Y Service Club of Bendigo, Y Service Club of Bendigo - Women, Baillieu Myer, Bendigo Toyota, Dan Murphys, Gold FM, Matchworks, Peppergreen Farm, Tae Han Food Imports, Bank of Melbourne, Bendigo Weekly, Elmore Field Days Catering, Hazeldeans Chicken Farm Pty Ltd, McCain Foods Pty Ltd, Secondbite, The Good Loaf Sourdough Bakery & Café, Bartercard, Calmo Farms, ETJ Eggs, Huntly-Epsom Lions Club, Moira Mac's, Shepparton FoodShare, Viatek, Bendigo Advertiser, Central Victorian Technology Services, Fare-share, J & A Light Freight, National Australia Bank, Simplot, Western District Employment Access, AFS & Associates, All Seasons Hotel, RACV, Beck Legal, Bendigo Arthritis Club, Bendigo Community Health Services, Bendigo Cycling Groups, Bendigo Dog Obedience Club, Bendigo Property Services, Cramer Pty Ltd (Home Timber & Hardware), DHS, GJ Gardner, Heathcote Lions Club, IGA stores at Eaglehawk, Heathcote, Kangaroo Flat and Strathfieldsaye, Eaglehawk Lions Club, Its Her Gym, Masons, McCaig Airconditioning, MGR, MLC Advice, Mr Grimbsys, Power Packed Electronics, Rotary Clubs of Bendigo and Bendigo Sandhurst, RSD Chartered Accountants, Spring Gully Hall, Terraco, Telstra licensed stores Bendigo, The Rising Sun Hotel, Tucker Fox online food ordering, UFS Strathfieldsaye, Verbeeks Plumbing, Lakeview Hotel, Percy & Percy, Goldmines Hotel, Marong Hotel, Boudoir Hair & Beauty, Brewhouse, GMHBA, Harwood Andrews, Woodhouse Restaurant, Strath Hill Butchers, O'Rourke's, Prestige Drycleaning, UFS Strathfieldsaye, Hashtag, Mandurang Post Office, National Hotel Complex, Foundry Hotel Complex, Basement On View, Switched, the City of Greater Bendigo, Krutop Media Production, BE Bendigo, Win TV and individuals